

## Instructional Courses (at 28 April 2010)

The deadline for course registration is 25 July 2010 and the fee per course is EUR 50. If you wish to attend a course, please submit your registration request via email to [congress@sicot.org](mailto:congress@sicot.org).

### 1. Trochanteric Hip Fractures

Why do we so often see failures with this "simple" and common fracture? Emphasis on problem recognition, failure prevention and salvage procedures. Presentations and practical sawbone exercises.

### 2. Ankle Fractures

Why do we so often see failures with this "simple" and common fracture? Emphasis on problem recognition, failure prevention and salvage procedures. Presentations and practical sawbone exercises.

### 3. The Elbow Engaging Forearm Fracture

Proximal fractures of the forearm that engage the elbow joint cover a wide spectrum of fractures - from the simple olecranon fracture to the complex fracture dislocation and Monteggia equivalents. Presentations and practical sawbone exercises.

### 4. Shoulder Arthroplasty

A seemingly simple procedure with several pitfalls, and in the fracture setting a demanding procedure. Live surgery (Ekelund) (with audience interaction) and thorough discussion.

### 5. ACL-reconstruction using different surgical procedures with focus on the double-bundle technique

Technical considerations and discussion. A film is specially prepared for this tutorial.

### 6. Arthroscopic procedures in gleno-humeral instability

Technical considerations and discussion. A film is specially prepared for this tutorial.

### 7. Cementing Techniques in Hip Arthroplasty

Cemented hip arthroplasty. Presentations and practical sawbone exercises with evaluation.

### 8. Hindfoot Osteotomies

Hindfoot osteotomies are common in the treatment of hindfoot varus and valgus deformities of different etiologies. The purpose of this instructional course is to present the different indications, the operative planning and the effects of these osteotomies on foot biomechanics. Presentations and practical sawbone exercises.

### 9. TEN-nailing in Paediatric Fractures

Treatment of fractures with TEN-nails with emphasis on technical aspects. Presentations and practical sawbone exercises.

### 10. Conservative vs percutaneous vs open surgical treatment of thoracolumbar fracture

The course will discuss the indications and timing of conservative and surgical treatment of thoracolumbar fracture, and also present the new technique of percutaneous fixation. The workshop includes hands-on training in decompression and reduction techniques and pedicle screw fixation. Presentations and practical sawbone exercises.

### 11. Periprosthetic fractures of the femur

The course will discuss classification of these fractures, describe modern treatment options and provide solutions for the difficult cases. Presentations and practical sawbone exercises.

## International Registration

Registration fees in EUR (25% VAT excluded)	Early (until 17 May)	Normal (18 May - 25 July)	On-site
SICOT/SIROT members	300	400	500
Non-members	400	500	600
Trainees	100	150	200

To register online, please go to [www.sicot.org](http://www.sicot.org).

## Local Registration

Svenska deltagare anmodas vänligen att registrera sig på:

[www.ortopediveckan.se](http://www.ortopediveckan.se).

## Exhibition and Sponsorship

Lina Salvati

Linsa Inc. (Canada)

Tel.: +1 514 924 3476

E-mail: [lsalvati@linsa.ca](mailto:lsalvati@linsa.ca)

Skype: riple9423

Arnold Persson

Traveko (Sweden)

Tel.: +46 70 577 35 79

E-mail: [arnold.persson@traveko.se](mailto:arnold.persson@traveko.se)

Website: [www.traveko.se](http://www.traveko.se)

## Social Programme

### Opening Ceremony & Welcome Reception

The Opening Ceremony and Welcome Reception on Tuesday, 31 August, from 17:30 onwards, will be held at the Swedish Exhibition & Congress Centre.

### Fun Night

Join us on Wednesday, 1 September at 19:00 at Restaurang Trädgår'n for a fun-filled night organised especially for young conference participants and those young at heart.

### Presidents' Dinner

The Presidents' Dinner will be held on Thursday, 2 September, starting at 19:00, and promises to be an entertaining and unforgettable evening for everyone. It will include top-class entertainment followed by dancing. Don't miss it!

## Accommodation

Discover the various hotels available around the Swedish Exhibition & Congress Centre via the SICOT website. For any queries regarding accommodation, please contact Congrex Sweden AB:

Fax: +46 31 708 60 25

E-mail: [sicot.hotels@congrex.com](mailto:sicot.hotels@congrex.com)



SICOT Gothenburg, 04.2010

# Seventh SICOT / SIROT Annual International Conference

combined meeting with  
the Swedish Orthopaedic  
Association (SOF)

31 August - 3 September 2010  
Gothenburg, Sweden



### Conference Secretariat:

SICOT aisbl  
Rue Washington 40 - b.9  
1050 Brussels | Belgium

Tel.: +32 2 648 68 23

Fax: +32 2 649 86 01

E-mail: [congress@sicot.org](mailto:congress@sicot.org)

More information at [www.sicot.org](http://www.sicot.org)



## Welcome to Gothenburg, Sweden, in 2010!

It is a pleasure and an honour to invite you to the Seventh SICOT/SIROT Annual International Conference on 31 August - 3 September 2010 in Gothenburg, Sweden (Göteborg in Swedish). Gothenburg is located in the heart of Scandinavia on the west coast of Sweden, it is a leading European event venue and English is widely spoken

in the city. The conference will be held at the Swedish Exhibition & Congress Centre, which is centrally located close to hotels, restaurants and shops. The congress centre has an in-house hotel with more than 700 rooms and there are more than 6,000 hotel rooms within walking distance of the congress centre, ranging from budget category to first-class hotels. Gothenburg can also offer a wide variety of activities for conference delegates and accompanying persons, including tours of the beautiful archipelago, golf and cultural events.

The Seventh SICOT/SIROT Annual International Conference will be organised as a combined meeting with the Swedish Orthopaedic Association (SOF) and a wide range of topics will be covered in the scientific sessions and by plenary speakers, so there will be something of interest for everyone. The commercial exhibition will be comprehensive. We are working hard to make the conference a high-quality scientific and educational event, as well as a memorable gathering in the city of Gothenburg.

On behalf of the Local Organising Committee and the Swedish Orthopaedic Association, I would like to extend a warm welcome to you and hope that you will come to Gothenburg and the Seventh SICOT/SIROT Annual International Conference on 31 August - 3 September 2010. We look forward to seeing you at the conference.

Kind regards,

Prof Björn Rydevik  
Conference President

## SICOT Executive Committee

Cody Bünger (Denmark)	Patricia Fucs (Brazil)
Thami Benzakour (Morocco)	Maurice Hinsenkamp (Belgium)
Jochen Eulert (Germany)	Chadwick Smith (United States)

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Camilla Bergh	Peter Herbets
Karin Frennered	

## Programme at a glance (at 28 April 2010)

	Room 1	Room 2	Room 3	Room 4	Room 5	Room 6	
Tuesday, 31 August	09:00-12:00 <b>Instructional Courses</b>						
	12:00-13:00 <i>Lunch</i>						
	13:00-13:30 <b>Mohit Bhandari (Canada)</b>						
	13:30-15:00	Cartilage Repair	Shoulder/Elbow	JOA <sup>1</sup> : Joint Preserving Operations & Osteotomies for Adult Hip	Trauma Multitrauma	SOTS <sup>2</sup>	SOF (in Swedish)
	15:00-15:30 <i>Coffee break</i>						
	15:30-17:00	Rickets under the sun of Africa	Arthroplasty Hip – Acetabular Components	IT	Cartilage	Arthroplasty Shoulder/Elbow	SOF (in Swedish)
17:30-19:00	Opening Ceremony						
Wednesday, 1 September	08:00-09:30						
	Arthroplasty Knee	Trauma Shoulder/Elbow	Trauma – Upper Femur	Biomaterials	Trauma Forearm/Wrist	Tumours Giant Cells	
	09:30-10:15 <i>Coffee break</i>						
	10:15-10:45 <b>Shinichi Kikuchi (Japan)</b>						
	10:45-12:15	Trauma Humerus	Pros & Cons in Total Knee Arthroplasty	Arthroplasty Hip	Biomaterials	Osteoporosis & Spine Surgery	Trauma Knee
	12:15-13:30 <b>Lunch Symposia: Biomet / KCI</b>						
	13:30-15:00	Trauma Upper Femur	Trauma Elbow	Lessons from the Swedish Hip, Knee & Spine National Quality Registers	Tumours Soft Tissue/Sarcomas	Sports Medicine Ankle/Foot	General Orthopaedics Evidence Based Orthopaedics
	15:00-15:30 <i>Coffee break</i>						
15:30-16:00 <b>Cody Bünger (Denmark)</b>							
16:00-17:45	Trauma Tibia/Fibula	Outcomes in Total Hip Arthroplasty Hip	Traffic Trauma Prevention	The Stiff Elbow & Shoulder	Spine Surgery/Fusion	SOF/IFPOS <sup>3</sup> : Infections in Paediatric Orthopaedics	
Thursday, 2 September	08:00-09:30						
	Sports Medicine Knee/Hip	Spine Spondylolisthesis/ Low Back Pain/ Basic Science	EFORT <sup>4</sup> : Polytrauma	Wrist/Nerve Injury	Infection	Management in Orthopaedics	
	09:30-10:15 <i>Coffee break</i>						
	10:15-10:45 <b>Steven Garfin (United States)</b>						
	10:45-12:15	Arthroplasty Hip – Revision/ Infections	Achilles Tendon Injuries Foot/Ankle	JOA <sup>1</sup> : Spine	Trauma Subtrochanteric Fractures	SICOT/SOF/IFPOS <sup>3</sup> : Paediatrics	Female Orthopaedic Surgeons: Why do colleagues leave orthopaedics?
	12:15-13:30 <b>Lunch Symposium: Medtronic</b>						
13:30-15:00	Arthroplasty Hip – Position/Approach/Complications	Spine Deformity	Trauma Petrochanteric Fractures	Infection	SICOT/SOF/IFPOS <sup>3</sup> : Paediatrics	Osseointegration & Amputation Prostheses	
15:00-15:30 <i>Coffee break</i>							
15:30-16:00 <b>Ian Learmonth (United Kingdom)</b>							
16:00-17:45	Arthroplasty Hip – Osteotomy/ Avascular Necrosis	Hot topic: "The Epiphysis"		Arthroplasty Knee	SICOT/SOF/IFPOS <sup>3</sup> : Paediatrics	OSOS <sup>5</sup>	
Friday, 3 September	08:00-09:30						
	Spine Cervical/Lumbar Spinal Stenosis	Fragility Fractures in Orthopaedics Osteoporosis	Best Papers Session	Trauma Pelvic Fractures	Arthroplasty Knee	OSOS <sup>5</sup>	
	09:30-10:15 <i>Coffee break</i>						
	10:15-10:45 <b>Tommy Hansson (Sweden)</b>						
	10:45-12:15	Arthroplasty Knee	Natural Disasters & Orthopaedic Surgery	Smoking & Orthopaedic Surgery	Biomaterials/ Cartilage Repair	Trauma Foot/Ankle	OSOS <sup>5</sup>
12:15-13:15	Closing Ceremony						

<sup>1</sup> Japanese Orthopaedic Association <sup>2</sup> Svenska Ortoped-Traumatologiska Sällskapet <sup>3</sup> International Federation of Paediatric Orthopaedic Societies

<sup>4</sup> European Federation of National Associations of Orthopaedics and Traumatology <sup>5</sup> Orthopaedic Surgical Osseointegration Society